kaizen print.

A7 Landscape (105mm x 74mm)

Safe Area: We recommend you avoid placing any text within the designated safe area. Text placed in this will run too close to the trim line and may be cut off during the cutting of the artwork.

Trim line: This dashed line shows the finished size of your artwork. Any elements placed outside this area will be trimmed off.

How to create a print ready PDF:

File > Save As > Format > Adobe PDF (pdf) > Adobe PDF Present > PDF/X-1a:2001 :s Marks and Bleed > Select 'trim marks' > Set all 'Bleeds' to 3mm